

Millions of Americans with knee arthritis may be suffering needlessly -- and pills are only making it worse. But there's good news:

# Once-Baffled Doctors Believe They've Finally Uncovered the Solution To Chronic Knee Pain Relief

See how you can finally get lasting pain relief with FDA-approved treatment covered by Medicare and other top insurers. It's also proven to help you avoid surgery even if you're "bone-on-bone".



By Matt Edgar  
America's Health Writer

A revolutionary treatment has helped tens of thousands of Americans turn back the clock and get back to the activities they love. Find out how you can use this FDA-approved knee treatment to:

- Relieve and possibly eliminate knee pain
- Increase mobility in your knee joint
- Increase knee strength

No surgery or pills required.

Here's what some of the people who used this treatment have to say:

*"I was told by 2 different doctors that surgery was the only option for my bone on bone knee issue. After the treatments 7 months ago, I am 100% pain-free. This really does work!!"* - Steve T.

*"I have degenerative arthritis bone on bone and this procedure has left me almost pain-free. I can walk again! Feels good to know I can [go] back to the things that I love to do."* - Kristina T

*"This has helped me have a longer stride [along with] more confident, more bouncy, more responsive knee movement. Less pain for sure."* - Amy C

## Is This Popular Treatment Right For You?

As you step out of the car, you feel your knee ache and buckle.

You can't move it like you used to, but it's nothing new. You've been dealing with this for years.

You've tried exercise, pills, even rehab and steroid shots. They offer relief, but it's temporary.

If this sounds familiar, you may have osteoarthritis. Which currently affects 27 million Americans according to the National Institute of Health (NIH).

This is caused by years of "wear and tear".

A young, healthy knee has a protective layer of tissue inside it known as cartilage. This acts as a "shock absorber" and keeps the bones in your knee from smashing together when you walk or run.

But over time, that cartilage wears down. The same way a thick, fluffy pillow can become thin and limp after years of use, your cartilage can wear out and even get destroyed completely.

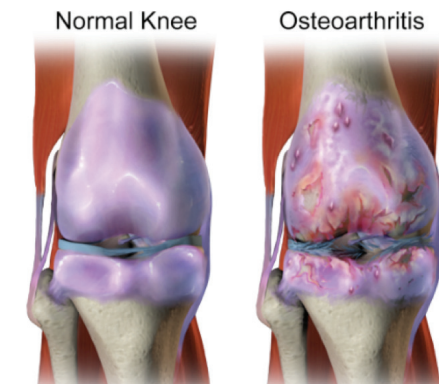
Without that layer of protection, the bones in your knee grind and lock together, causing pain, swelling, and stiffness.

Your knee also creates something called synovial fluid. With its egg white-like consistency, it lubricates your bones so they can glide smoothly without pain or friction.

Over time, this fluid can dry out and evaporate. Your knee goes from moving like a new, well-oiled door hinge to an old rusty one that won't budge. And your knee is left feeling stiff and rigid.

As your cartilage wears out and the synovial fluid dries up, your knee becomes "bone on bone". From there, as the NIH says, "bone spurs develop, permanently changing the joint's shape."

As time goes on, the pain and stiffness can be so unbearable your only option is expensive joint replacement surgery.



The knee with osteoarthritis is damaged from bones grinding against each other. Recent medical breakthroughs let you add cushioning and lubrication to save your knee from further deterioration. It can relieve pain for up to 24 months and can help you put off surgery or avoid it altogether.

But recent medical advancements have found a proven treatment for pain relief that can last longer than most methods that are available. One that's scientifically proven to help you avoid surgery and can help you get back to living an active lifestyle with little or no knee pain.

## Why Tens Of Thousands Of Americans Are Turning Away From Pills And Steroid Shots To Relieve Their Knee Pain

For years, doctors had no way to directly combat osteoarthritis. The best they could do was give people pills and steroid injections to mask the pain. But the relief these treatments provide is short-lived. And they can make the problem worse.

For example, steroid injections only re-

lieve pain for 6-12 weeks. They also come with a laundry list of side effects (including infection, soft tissue damage, and upper body obesity). You can only get 2-3 shots per year so at best, you're spending 25%-65% of your year in pain.

But the real danger is that those shots can soften your cartilage, accelerating the "wear and tear" on your knee.

Because these shots don't deal with the root cause, your bones continue to grind against one another. By the time the shot wears off, the pain and stiffness comes roaring back, potentially worse than before.

This is what doctors refer to as the "rebound effect". But now, there's a treatment that can help relieve your pain while protecting any cartilage you have -- instead of destroying it.

## "Turn Back the Clock" And Get Back To Walking And Moving With Less Knee Pain

Imagine if the smooth cartilage and cushioning fluid that left you knee over the years magically returned. Giving you the same strength, mobility, and pain-free feeling your knee had 25+ years ago.

This medical breakthrough may very well be the closest doctors can get to that.

Scientists have discovered a compound in nature made from the same chemical found in your knees synovial fluid.

After years of refining, scientists have turned that compound into a substance that can replace the synovial fluid that's been drying up over the years. It also acts as a replacement for your worn out cartilage.

It helps your knee move freely and can ease the pain that comes from moving or putting weight on your knee. Because it gives your knee both the cushioning and lubrication it lost after years of wear and tear.

This substance is called viscosupplementation. It's FDA approved and can help your knee feel like it did years ago, so you can get back to the activities you love.

Although early, some research indicates that if the arthritis is caught soon enough, the cushioning effect of viscosupplementation combined with a specialized rehabilitation program may actually help the knee heal and cartilage may re-grow!

Even if you're already "bone-on-bone", this FDA-approved cushioning gel can effectively eliminate the pain of bones crunching, grinding, and locking together and give you long-lasting pain relief.

Studies published by the NIH show that viscosupplementation relieves pain for an average of 3 months. And in some, it can last up to two years or more!

Take Deborah M., a woman who went in for her first treatment in 2102 because "my right knee was really bothering me". The pain relief was so effective she didn't need further treatment until four years later, in August 2016.

"They said it could last for six months or up to a year. I am amazed at how long it lasted for me."

## Before Injecting Anything Into Your Knee, Read This

Some people have tried viscosupplementation before but found it wasn't effective.

To this day, it still baffles even top Orthopedic doctors.

But some physicians believe they've finally unraveled the mystery after looking closer at this treatment.

See, doctors used to think they only needed to get the viscosupplementation near your knee capsule. They believed the molecules in this gel-like substance were small enough that they could move through the membrane and get into the capsule on their own. Which is important, because that's where the fluid needs to be for this treatment to be effective.

But after examining the size of the molecules in the compound, they realized it was too big to pass freely in and out of that membrane!

This means doctors need pin-point accuracy to ensure the substance gets inside the knee capsule. If they miss by even a hair, the treatment won't work.

As you can imagine, it's hard to be that accurate by hand. Studies found that doctors can miss the placement up to 30% of the time when injecting the gel cushioning this way!

Since it can take 2-5 shots for this treatment to take effect, it's no surprise people weren't seeing results. They likely had the right materials but the wrong procedure.

Imagine your tire went flat and you needed to pump it with air for 2 minutes. If you spend a third of that time blowing air on the tire rather than inside it, your tire would still be under inflated! It'd wobble and jerk you around corners because it didn't get the full treatment it needed.

That's what's happening when doctors do these injections by hand. Odds are, they're not hitting the right spot every time and so you're not getting the full medically effective dose that's required.

Luckily, there's a procedure that takes less than two minutes, is almost completely painless, and with technology, doctors can apply it easily.

Studies have shown that when doctors use state-of-the-art fluoroscopy (a video motion x-ray) for these procedures, it can bring their accuracy up from 70% to near 100%.

You can even confirm yourself that the gel made it to the right spot.

Because fluoroscopy doesn't just guide the doctor to the right location, it also shows you live confirmation that the viscosupplementation went exactly where you need it to most help your pain.

If the doctor were to miss the knee capsule, you'd see the gel-like substance ball up like a cotton ball right there on the screen. When they get the right spot, you see the substance has a more spread out "oil and water" appearance.

If you talk to people who underwent the procedure done both by hand and using fluoroscopy, you'll discover the significant difference this machine makes. Here's what two people who tried it both ways had to say:

*"I had my first round of injections two years ago. Before that, I could not walk without a rolling walker as it was too painful to put weight on my left knee. After the injections, up until a month ago, I had ZERO pain in that knee. Prior to this, I had spent years getting the "blind" injections from my orthopedist and the pain would return in a few weeks."* - Bette P.

*"I've had these injections from doctors who inject blindly and it's hit or miss as to whether I received any relief...usually miss. I've received injections [using fluoroscopy] for a couple of years and have gotten great results"* - Jan B

## Covered by Medicare And Major Insurance Companies

Because of the proven effectiveness of viscosupplementation in providing lasting knee pain relief, and because it actually deals with the root cause of osteoarthritis, major insurance companies like Aetna, Blue Cross, Medicare and more cover this procedure.

So it's easy to find people, like Duane B., who had no trouble getting insurance to cover the entire procedure:

*"[I] took my wife there for the 5 injection regimen... it's been almost a year now and she's able to go shopping and walk very well now. Before the injections, she had a lot of pain in her right knee due to arthritis. We were skeptical at first but now we are happy with our mobility again! Medicare covered everything, too!"* - Duane B.

A series of three to five doctor-administered injections, which take about 15 minutes each, are all you need to help relieve your knee pain and get back to the things you love.

But any doctor will tell you that nothing in medicine works 100% of the time. So while this treatment has been incredibly effective for the vast majority who use it, there are some knee pain issues it can't solve.

Which is why you'll want to talk to a specialist first before signing up for the procedure.

## How To Get A Risk-Free Knee Pain Screening From A Local Doctor

Only 2.5% of the osteoarthritis treatment centers in the US use viscosupplementation with fluoroscopic guidance. Why's it so rare? For one, it's based on revolutionary new science. And it requires a \$200,000 state-of-the-art machine which few doctors are trained to use.

But there's a facility you can check out that's right in your own backyard to see if this treatment is right for you.

It's called the Osteo Relief Institute and the doctors there have done this procedure on thousands of people like you.

They can help you wake up pain-free, and get back to walking, shopping, or even sitting for extended periods with friends and family without your knee locking, buckling, or weakening.

And right now, the Osteo Relief Institute is offering risk-free screenings so you can find out if this treatment is right for you. You can book an appointment today by calling this number: XXX-XXX-XXXX

The first thing the doctor will do when you go there will be to ask about your knee pain. Then he or she will explain in simple terms what the procedure is about and help you determine if it's right for you. So you can see if this treatment is the solution you've been looking for.

This treatment is not available over the counter. Only doctors are allowed to administer this procedure. And only physicians using fluoroscopic guidance can ensure the cushioning substance gets to the right spot with near 100% accuracy.

Here's what people who have been to the Osteo Relief Institute have to say about their experience:

*"I do injections every 3 months. [It's] better than a knee replacement. Pain level has reduced immensely. Wonderful staff, takes very little time..."* - Michelle A.

*"I have osteoarthritis throughout my back and knees. I've been to several other pain clinics... This place is by far the best out of everything I've tried... It's well worth going over there in at least talking to the doctors and staff about what they can do for you!!"* - Janice B.

*"I have seen vast improvement, in walking, getting in and out of the car, getting in and out of the chair and bed. All personnel are professional and you are well taken care of from start to finish."* - Larry O.

## Don't Wait! This Procedure Is Only Available To A Handful Of Residents In Your Area

There are 27 million Americans who

stand to benefit from this procedure. But only a handful of treatment centers in the country use the state-of-the-art technology required to do it right.

## 7 Reasons Why Doctors Recommend This FDA-Approved Treatment For Lasting Knee Pain Relief

This medically proven treatment is recommended by doctors all over the world. Here are 7 reasons why physicians insist on viscosupplementation with fluoroscopic guidance for lasting knee pain relief:

1. It's proven effective. In a 2001 study published by the National Institute of Health (NIH), 91% of people who got viscosupplementation reported pain decreased by 50% or more. For some, the effects lasted up to two years!
2. It's virtually pain-free, with minimal side effects. That same study reported "local adverse effects were minor and infrequent"
3. It can help you avoid surgery. For example, one NIH study showed viscosupplementation decrease the likelihood of surgery by 30%
4. Done early enough, it can not only relieve pain but help reverse the damage by giving your cartilage room to regenerate.
5. It uses a natural, FDA-approved substance and is covered by most major insurers, including Medicare, UnitedHealthcare, Cigna, and more.
6. It's fast, non-invasive, and almost painless (people say it feels like a "pinch")
7. It doesn't require extensive rehabilitation regimens or regular visits to a rehab center

Here's what top arthritis specialists say about these injections:

*"[Viscosupplementation] is a useful agent for many individuals who have osteoarthritis of the knee and do not respond to, or are intolerant of other therapies."* - Roy D. Altman, M.D., Chief of Arthritis Division and Professor of Medicine at the University of Miami School of Medicine.

*"There's a lot of data to suggest that it can slow [osteoarthritis] down."* - Roland W. Moskowitz, MD., coauthor of the Osteoarthritis Research Society International

So you can imagine how quickly the schedule fills up.

If you want to your free screening within the next 30 days, it's important you call today. Pick up the phone and dial XXX-XXX-XXXX. Tell the friendly receptionist you want the "Free knee pain screening". They'll know exactly what to do and will do their best to get you in as soon as possible.

If it's right for you, then you'll soon join the tens of thousands of people who used this to relieve knee pain for months at time. Like these two who visited the Osteo Relief Institute:

*"I have osteoarthritis in both my knees. I had my first round of injections in May. I've started my second round mid-November. I've gone from constant pain to almost no pain. I no longer use a cane. My knees now have enough range of motion that I regularly ride my bike. I'm losing weight. I have hope."* - Orlando S.

*"Overall I'm feeling great, and have noticed lasting results and improvements that have allowed me to return to my workout regimen, which in turn has helped to improve my overall health! that's always a plus... I highly recommend."* -- Sarah S

There's no reason to suffer needlessly. You can walk, move, and feel like you did years ago with a healthy, revitalized knee. Pick up the phone and call XXX-XXX-XXXX to book your free screening today.

The Osteo Relief Institute is located at LOCAL ADDRESS

## 5 Early Warning Signs You May Need Knee Replacement Surgery

1. Do you experience regular pain, swelling, or stiffness in your knee?
2. Are you over 50?
3. Have you been diagnosed with osteoarthritis?
4. Have you lost knee cartilage to the point where you are almost "bone-on-bone"?
5. Have you tried rehab, exercise, and viscosupplementation (Hyalgan, Supartz, Synvisc) without results?

The more you answered "yes", the higher the odds you'll one day need knee replacement surgery.

But studies published by the NIH have shown that injections of natural, FDA approved viscosupplementation can eliminate the need for surgery up to 30%.

When done by hand, viscosupplementation injections are often ineffective. But when paired with fluoroscopic guidance, the results are far more consistent.

## "Saved me from having a knee replacement"

*[I've] been going for three years now and [it] has saved me from having a knee replacement. Use of the fluoroscopy makes all the difference and you can actually see the liquid wrap around the joint."* - Bill A.